



The Norwalk Housing Authority has put together this list of resources available to the residents of our communities to assist during this uncertain time. We hope to assist in providing resources to meet the variety of needs. Please click on the links to get to the detailed information.

## Norwalk Housing Authority and General Information

Norwalk Housing Authority: <https://www.norwalkha.org> Call: 203-838-8471

NHA COVID-19 NOTICE: <https://www.norwalkha.org/covid-19.php>

Choice Neighborhoods Initiative: <http://www.norwalkcni.org/>

Monthly RENT payment 'REMIT TO' Address: Norwalk Housing Authority Department 51  
PO BOX 150504  
Hartford, CT 06115-9901

NHA Rent Adjustments: Contact your NHA occupancy specialist

NHA Learning Centers: Free homework help for grades K-12 For more information call: Director, Wendy Gerbier 203.852.1144 ext. 102 or  
Assistant Director, Tiana Brown, 203.852.1144 ext. 103

City of Norwalk – Corona Virus Information and Updates: <https://www.norwalkct.org/1909/COVID-19---City-News-and-Updates>

United Way 211 [www.211ct.org](http://www.211ct.org) <https://uwc.211ct.org/covid19resources/> Resource Guide for Community-Based Programs Offers info on (food, utilities, healthcare, diapers and more)

## Income Support/Stimulus Payments/Unemployment Benefits/Money Management

Unemployment Insurance Benefits: <http://www.ctdol.state.ct.us/UI-online/Index.htm>

Coronavirus Tax Relief and Economic Impact Payments <https://www.irs.gov/coronavirus-tax-relief-and-economic-impact-payments>

Check My Payment Status: <https://www.irs.gov/coronavirus/economic-impact-payments>

Volunteer Income Tax Assistance & the Earned Income Tax Credit <http://www.cahs.org/freetaxprep>

Virtual VITA [http://www.cahs.org/virtual\\_vita](http://www.cahs.org/virtual_vita)

Student Loan Payment Forbearance: Federal Programs: <https://studentaid.gov/announcements-events/coronavirus>

Private Lenders: <https://portal.ct.gov/DOB/Newsroom/2020/Relief-for-Student-Loan-Borrowers>

## Meals, Food Pantries, Food Stamps, Nutrition Programs

Food Resources for Norwalk Residents <https://www.norwalkct.org/DocumentCenter/View/15548/Feed-Your-Family-English-and-Spanish?bidId=>

Daily Breakfast & Lunch for NPS Students: Days/Hours Open: Mon-Fri, 12 PM to 2 PM Click on link to see locations available.

[https://www.norwalkps.org/news\\_information/what\\_s\\_new/modified\\_meal\\_distribution\\_starting\\_monday](https://www.norwalkps.org/news_information/what_s_new/modified_meal_distribution_starting_monday)

Take-away Meals & Pantry: Open Door Shelter, 4 Merritt Street, 203-866-1057 Hours Open: Breakfast: 6 am - 8 am every day, Dinner: 3 pm - 4:30 pm every day  
Pantry: Mon - Fri 9:30 - 11:30am

SNAP: Call End Hunger CT at 866.974.7627, Mon 9AM - 8PM, Tues 9AM - 9PM, Fri 9AM - 3:30PM, Sat 9AM - Noon, Sun 9AM - 5PM. English & Spanish support available.

WIC: <https://www.norwalkct.org/768/Women-Infants-Children-WIC> Visit website for details of setting up an intake appointment.

Person to Person: 76 South Main Street 203-939-1650 <https://p2phelps.org/> Days/Hours Open: Mon-Fri 9 am - 1 pm Eligible to get groceries every 28 days.

Norwalk Salvation Army, 14 Byington Place, 203-866-2125, <https://ctri.salvationarmy.org/SNE/Norwalk>, Days/Hours Open: Mon, Wed, Fri 9 am - 12 pm (by appointment)

Norwalk Seniors: Age 60 or older and in need of home delivery or referrals, contact the Senior Center at: 203-847-3115 (English) or 203-299-1500 (Spanish)

There is an additional service for a **one-time delivery for Seniors**. When they call Senior Services, they will receive a bag of groceries which may include fresh fruit, veggies, breads, eggs, canned goods to be delivered on the following Monday.

Special Note: For individuals that are Disabled, especially those homebound, due to self-quarantining (including non-seniors), or those that are having a hard time making ends meet, they can also call, for the one-time delivery of groceries.

Senior services will do their best to make deliveries as close to the day of the call as possible. Contact Senior Services Coordinating Council at: 203-434-3085 or 203-434-1876

## Financial Support/Assistance/Child Care

Fairfield County Community Foundation & ABCD, Inc. offer a one-time **COVID-19 Disaster Relief** stipend to pay an outstanding utility bill, rent, or food insecurity, not to exceed \$200. Applicant can select only one item to cover. Call office: Mon – Fri 8:30 AM – 4:30 PM. Norwalk office: 475.489.9119

CTCARES Childcare Subsidy for Frontline Workers Program: <https://www.ctoec.org/ctcares-for-frontline-workers/>

## Health and Wellness

CDC Centers for Disease Control and Prevention COVID-19 [www.cdc.gov/coronavirus](http://www.cdc.gov/coronavirus)

HUSKY Health For Connecticut Children & Adults: <https://portal.ct.gov/HUSKY>

When it Builds Up, Talk it Out Call: 1-833-258-5011 Visit: [www.talkitoutct.com](http://www.talkitoutct.com)

Norwalk Health Department COVID-19 <https://www.norwalkct.org/1897/COVID-19-Novel-Coronavirus-2019>

The Hub Crisis Support <https://www.thehubct.org/single-post/2020/04/08/Coping-with-Corona-Disaster-Distress-Helpline-Summary-of-Supports>

YMCA <https://www.wiltonymca.org/16164-2/> Virtual classes led by a Y instructor

## Training and Education

CT Pathways / Norwalk Community College /SNAP Employment & Training Program

Contact: Jenine M. Carlson, (203) 857-7059 or [jcarlson@ncc.commnet.edu](mailto:jcarlson@ncc.commnet.edu) Fax: (203) 857-7388 [www.norwalk.edu](http://www.norwalk.edu)

Health Career Academy: <https://www.workplace.org/health-career-academy/>

Contact Information: To sign up for an information session, please contact Adrene Corey, (203) 930-1637 or [acory@workplace.org](mailto:acory@workplace.org)  
[https://www.workplace.org/wp-content/uploads/2017/10/HCA-Combined-Flyer\\_June2017\\_revised3.pdf](https://www.workplace.org/wp-content/uploads/2017/10/HCA-Combined-Flyer_June2017_revised3.pdf)

### Financial Education

Consumer Finance Protection Bureau -- protect yourself financially from Coronavirus <https://www.consumerfinance.gov/coronavirus/>

Bridgeport Neighborhood Trust [www.bntweb.org](http://www.bntweb.org) – free online classes on Financial/Credit Crisis Management and home ownership

### Online Learning

Norwalk Library [www.norwalklib.org](http://www.norwalklib.org)

Norwalk's Virtual Library <http://ct-norwalklibrary.civicplus.com/1042/Virtual-Library>

GCF Learning [www.gcflearnfree.org](http://www.gcflearnfree.org) – free online educational website focusing on technology, job training, reading and math skills