



Keynote Speaker, Melanie Armadis, who will be starting graduate studies in occupational therapy at Bay Path University.



Front row NHF Scholarship Committee surrounded by undergraduate, graduate, and medical school scholarship award recipients.



Nadine Delcin and her son Narold Champagne scholarship recipients who will be attending Western Connecticut State University and NCC, respectively.

## Norwalk Housing Foundation Awards \$205,000 in Scholarships

The 19th Annual Norwalk Housing Foundation College Scholarship Awards Ceremony was held on June 20th, at Stepping Stones Museum for Children. This year, fifty NHA students received college scholarships ranging from \$500-\$12,000 in a program totaling \$205,000. The evening was filled excitement. NHA Teen Chef students prepared and served food during the reception, the NHA Learning Center Chorus performed the National Anthem, Mayor Rilling, Senator Bob Duff, and State Representative Bruce Morris all spoke words of welcome and encouragement to guests in attendance. Dr. Brian Davis, President and CEO of the Maritime Aquarium of Norwalk, was the keynote speaker and gave an inspiring speech. Scholarship recipient Melanie Armatis also spoke, sharing her experience from high school through college, and her continuing journey into graduate school this fall. Congratulations to the 2017-18 NHF Scholarship Recipients!

### UNDERGRADUATE SCHOLARSHIP RECIPIENTS

Rosalie Armatis, University of Bridgeport  
Kenley Bien-Aime, Norwalk Community College  
Kevin Cardona, Fairfield University  
Jonathan Ceja, Marymount Manhattan College  
Nicholas Ceja, Richmond University in London  
Narold Champagne, Norwalk Community College  
Lindsay Chavarria, Norwalk Community College  
Anchise Cherival, Norwalk Community College  
Sharlie Daniel, Digital Film Academy  
Nadine Delcin, Western Connecticut State University  
Najeem Dennison, Gateway Community College  
Ruth Fajardo, Norwalk Community College  
Melissa Ford, Norwalk Community College  
Alyah Fresnel, Central Connecticut State University  
Isiah Gaddy, Shaw University  
Kevin Garcia, Southern Connecticut State University  
Luis Gonzalez, University of Connecticut (Stamford Campus)

Brianna Green, Seton Hill University  
Devin Gritten, Norwalk Community College  
Genesis Hernandez, Western Connecticut State University  
Clarentz Jean, University of Hartford  
Mejelly Jean Baptiste, Norwalk Community College  
Joane Jean Baptiste, Western Connecticut State University  
Emmanuella Jean-Louis, Lasell College  
Sharina Jimenez, University of Connecticut  
Max Joseph, Gateway Community College  
James Y. Joseph, Andrews University  
Nefertari Kydd, Housatonic Community College  
Clara Labaze, Western Connecticut State University  
Syndie Lauture, Marist College  
Schvrine Lezeau, American University  
Tomas Morel-Renderos, Southern Connecticut State University  
Renzo Pablo, Western Connecticut State University  
Annie Paul, Southern Connecticut State University  
Jean Paul, American International College

Monique Paulk, Housatonic Community College  
Rose Poteau, Roger Williams University  
Jericha Robinson, University of Connecticut (Stamford Campus)  
Jonathan Sanchez, Norwich University  
Macklenley Sanon, Norwalk Community College  
Samantha Santos, University of Hartford  
Abigail Serrano, University of Bridgeport  
Mariah Smalls, University of Connecticut (Stamford Campus)  
Ashley Walker, University of Connecticut (Stamford Campus)  
Yianiellie Zuniga, Norwalk Community College

### GRADUATE SCHOLARSHIP RECIPIENTS

Melanie Armatis, Bay Path University  
Sandy Armatis, Sacred Heart University  
Karlina Augustin, Sacred Heart University  
Jessica Davis, Sacred Heart University  
Tiahna Spencer, University of Connecticut Medical School



Marie Juleau, Family Self-Sufficiency Coordinator, presents Patrick Desir, FSS Graduate and new Homeowner, with his graduation check.

## HOMEOWNER AND FSS GRADUATE Patrick Desir

Congratulations to NHA's most recent Family Self-Sufficiency (FSS) Graduate and Homeowner, Patrick Desir! Patrick enrolled in NHA's FSS program in 2014. The FSS program enables participants to save a portion of their rent as their earned income increases. Participants work with their FSS Coordinator to establish their own self-sufficiency goals over a 5-year span and a plan to reach their goals. While enrolled in the FSS program, Patrick completed ESL classes at Norwalk Community College. In addition, he completed his Information Technician certification. Patrick continued to work with his FSS coordinator, Marie Juleau, on establishing credit and maintaining a good credit score and took Bridgeport Neighborhood Trust's First Time Homebuyers Certification program that ultimately enabled him to become a homeowner. In May 2017, Patrick and his family moved into their first home, a two-family home in Bridgeport. All the best to you, Patrick!

**HEALTH & PROGRAMS**  
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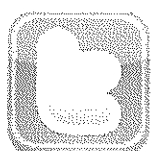
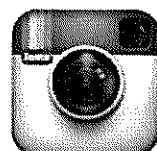
BLOOD PRESSURE  
BREAST HEALTH  
DRESS FOR SUCCESS  
FREE FOOD PROGRAM

**JOBS & EDUCATION**  
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JOB CLUB  
WOMEN ENTREPRENEURS  
JOB OPPORTUNITIES  
HOME OWNERSHIP

**LEARNING CENTERS**  
PAGE 4

SONO LIBRARY EVENTS  
SPELLING BEE  
SUMMER READING  
CAREER SPEAKER



# HEALTH NEWS · HELPFUL PROGRAMS

## Breast Health 101

Early Detection · Healthy Lifestyle · Screening  
Nutrition · Environment

The Witness Project of Connecticut invites Grace Baptist Church to learn about breast health and cancer risks.

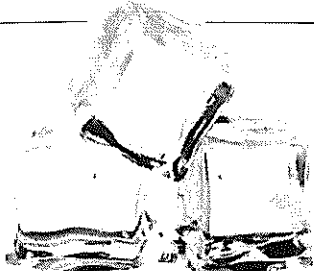
Please join us for a free special information session  
Saturday, July 8th, from 9AM to 10AM

Open discussion with questions and answers—10:30AM to 11AM

Mammography van will be onsite to provide screenings.

Come enjoy breakfast and learn about breast health!  
Grace Baptist Church · 17 West Avenue, Norwalk

Please contact the office to register for screenings 203-367-4432.



## COOLING CENTERS

In the event of extremely hot temperatures, residents are encouraged to cool down in the comfort of the designated air conditioned centers:

Leroy Downs Community Room · 20 West Learning Center  
Senior Court Community Center · Irving Freese Community Center  
Ludlow Village Community Center

## Cooking Safety!

Have a “kid-free zone” of at least 3 feet around the stove and areas where hot food or drink is prepared or carried.

If you are sleepy or have consumed alcohol don't use the stovetop.

Always stay in the kitchen while you are cooking food.

Check your food regularly as you cook. Remain in the home while food is cooking, and use a timer to remind you that you are cooking.

Keep anything that can catch fire—oven mitts, wooden utensils, food packaging, towels or curtains—away from your stovetop.

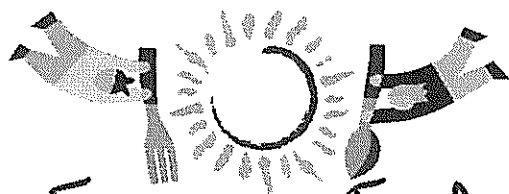
If you have a small (grease) cooking fire and decide to fight it, smother the flames by sliding a lid over the pan and turning off the burner.

Leave the pan covered until it is completely cooled.

For an oven fire, turn off the heat and keep the door closed.

If you have any doubt about fighting a small fire...

Just get out! Close the door behind you to help contain the fire. Call 9-1-1 or the local emergency number from outside the home



Summer Food  
Service Program

## FREE MEAL PROGRAM FOR NORWALK KIDS!

Norwalk's Summer Food Program is under way. Any child 18 and under can participate. They do not need identification but do need to eat onsite. Visit their website for more information on meal locations and serving times:

[www.norwalkps.org/cms/](http://www.norwalkps.org/cms/)

(News & Information—What's New—Free Meals).

TAKING CARE OF YOUR HEART IS EASY!

## Free Blood Pressure Screening

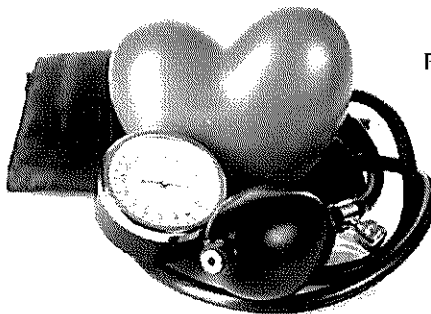
Struggling to keep your blood pressure under control?  
Looking to live a healthier lifestyle?

The NHA is hosting a blood pressure pre-screening, in partnership with the Riverbrook Regional YMCA, to start off your self-monitoring program.

This free support program is easy to take part in and includes:

- Personalized assistance from a Healthy Heart Ambassador ·
- Tips for maintaining cardiovascular health ·
- Learn how to better manage your blood pressure ·
- Heart Healthy Nutrition Education ·

RESERVE A SPOT or drop in on Thursday June 8th and Tuesday June 27th, from 4:00–6:00PM at the NHA CNI Office, 149 Water Street, 2nd Floor, Norwalk  
**SCREENING IS FREE**



Please call NHA to reserve your spot and book transportation  
Nadine 203-838-8471 (x681)  
or Cindy 203-838-8471 (x670)

## You CAN Stop Smoking

Quitting smoking improves your health.  
It lowers your chances of getting:

- Heart disease and stroke • Cancer •
- Lung disease, including COPD •



## GET FREE SUPPORT TO QUIT SMOKING

1-800-QUIT-NOW (1-800-784-8669).

For help in Spanish, call 1-855-DEJELLO-YA (1-855-335-3569).

Visit [smokefree.gov](http://smokefree.gov) for tools and support to quit smoking. SmokefreeTXT: Text QUIT to 47848 24/7 text messaging program. Or download the Quit-Guide Mobile app to build your quitting skills.



## DRESS for SUCCESS

### Free Professional Clothes and Style Tips!

Potential employers form their perception of you in the first few seconds of meeting you. The way you present yourself makes a statement about you! Be sure your look reflects your accomplishments with help from Dress for Success.

### What are your clothes saying?

Join us for an instructive style workshop and learn how you can get a fabulous free interview outfit, plus shoes and accessories. Even a week's worth of work clothes!

Dress for Success of Bridgeport will help connect you with a look that enhances your best features and helps you put your best foot forward. Don't miss this chance to feel prepared and confident in the job market, and ready for any interview.

WEDNESDAY, JULY 12 · 2:00–4:00

NHA-CNI Office

149 Water Street, 2nd Floor, Norwalk.

Call to reserve a spot.

Lisa 203-838-8471 x678 or Nadine 203-838-8471 x681

Transportation available for NHA residents with one week's notice.

WWW.NHA.CT

NHA/CNIS

# JOB CLUB EVENT

COME ABOARD THE AMERICAN  
JOB CENTER CAREER COACH

A one-stop mobile shop offering career and computer training services.

**JULY 7 & AUGUST 24, 2011**  
1:00 TO 3:00 PM

NHA's CNI Office  
149 Water Street  
Norwalk, CT 06584

**JOB TRAINING OPPORTUNITIES WILL INCLUDE:**

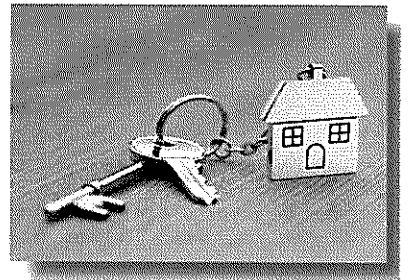
- CAREER SERVICES
- JOB SEARCH ASSISTANCE
- COMPUTER TRAINING: MICROSOFT WORD, MICROSOFT EXCEL, MICROSOFT POWERPOINT, MICROSOFT ACCESS
- RESUME WORKSHOP
- SOCIAL NETWORKING

TO REGISTER, PLEASE CONTACT:  
NADINE at 203-838-5681 or LISA at 203-838-5678

Open to the public. Transportation available to NHA Residents with at least one week notice.

## Home Ownership is Possible!

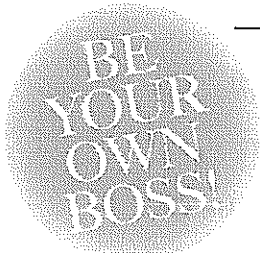
Newly re-opened for NHA Federal Public Housing Households is the First-Time Homebuyers Certification Program. This **FREE** program presented by Bridgeport Neighborhood Trust will show you what's involved in becoming a homeowner.



Join us on Saturday, **JULY 15th, 9AM-5PM**, at the NHA Choice Neighborhood Office, 149 Water Street, 2nd Floor, Norwalk.

We take the confusion out of home-buying. You'll be guided step-by-step through the process, including a review of your finances to determine how much you can afford, reviewing your credit, shopping for a home, obtaining a mortgage, preparing for the closing, and more.

This popular class fills up quickly and space is limited! Pre-registration is required. Contact 203-838-8471 Marie (x186) or Nadine (x681) to reserve a place and to learn the steps you can take TODAY to become a homeowner! Transportation available to NHA residents with at least one week advanced notice.



## Women's Business Development Council Entrepreneurship Presentation

### Do You Dream of Starting Your Own Business?

One out of eleven women is an entrepreneur. If you have a great business idea that you want to take to the next level, join us for an informative evening and learn the steps to take for success.

The Women's Business Development Council has helped many women create diverse and thriving businesses in Connecticut. The experts will speak about **business building fundamentals, financial education, the keys to writing a business plan, effective sales and marketing**, and much more to help you launch your successful plan. The Council even offers a loan program of up to \$50,000 to help start or grow your business!

**MONDAY, JULY 31—5:30-7:00PM**

NHA-CNI Field Office

149 Water Street, 2nd Floor

Lisa 203-838-8471 x678 · Nadine 203-838-8471 x681

Transportation available for NHA residents with one week's notice.

## CNI Career Resources

### The Career Resources' Mobile Career Coach Bus

will be at the CNI parking lot, 149 Water Street

Friday, July 7th, 1-3PM

"Using Social Media to Find a Job"

Please call NHA to reserve your spot and book transportation:  
203-838-8471 Nadine (x681) or Lisa Tella (x678)

### NEXT VISIT:

Thursday, August 24th—1-3pm

"Job Searching"

## NHA Seeks Maintenance Laborer

On-site work includes cleaning common areas and grounds. \$22.16/hr. Some overtime required. Driver's license, high school diploma or equivalent required. Please send your resume to:

Norwalk Housing Authority  
24½ Monroe Street · Norwalk, CT 06856  
ATTN: Nicole Ruffin

Or email [nruffi@norwalkha.org](mailto:nruffi@norwalkha.org)

## Housing Opportunities Unlimited

### FULL TIME COMMUNITY OUTREACH WORKER

Full time position available, with benefits, with NHA conducting resident outreach to complete relocation tasks. Report to Relocation Coordinator.

Candidates must have excellent communication skills (fluency in Creole or Spanish a plus), the ability to work with residents and interpret resident concerns to staff and management, be a high school graduate or equivalent, have knowledge of the target South Norwalk community and its history. Norwalk Housing Authority residents are preferred.

Email resume and cover letter to [yecton@housingopportunities.com](mailto:yecton@housingopportunities.com)

## Come See the Materials for the New Washington Village Apartments!

Relocation Meeting and  
Trinity Management Meet and Greet

**July 19—5:30PM**

and

**July 20—10AM**

CNI Office, 149 Water Street  
Norwalk

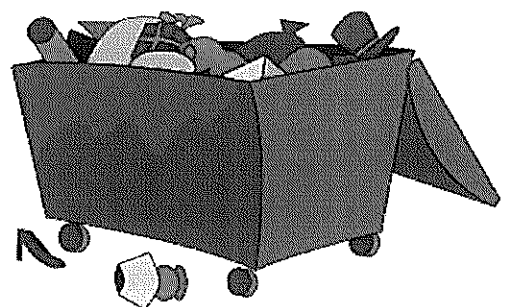
Spanish and Creole translators will be present.

Trinity Financial, Trinity Management, HOU, EJP, NHA

## Washington Village Dumpster Days

**July 21st and July 22nd**

Time to get rid of the items you don't want in your new apartment!



# LEARNING CENTERS



## Summer Reading is Fun!

Children who don't read over the summer risk losing up to three months of reading skills they achieved during the school year. Without intervention, by the time these students graduate from high school, the effects of this "summer slide" means that their reading level can fall behind the equivalent of four years.

The Norwalk and Rowayton Public Libraries offer fun and rewarding reading challenges!

**GAME BEGINS: 6/11 — GAME OVER: 8/30**

You can still register online at [www.norwalklib.org](http://www.norwalklib.org)!

Read books from the lists provided online and then choose from super creative activities like writing a book review, doing science experiments, taking selfies of your reading a book, trying out a new recipe to share, going on a hike or walk and finding a spot to read, and more....

Complete reading challenges to earn badges and raffle tickets for prizes such as gift cards and backpacks filled with books! Students who complete the program and bring their finished log sheet back to school the first week may be rewarded by their school. **You MUST register online to log the books you read and win prizes from the library.** All books must be logged between June 11 and August 30.

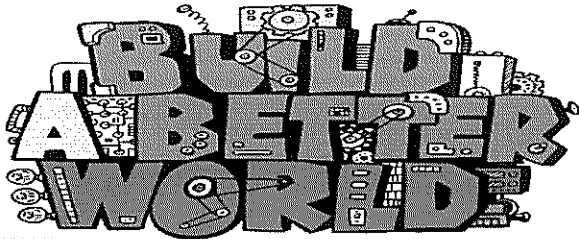
## Bridge to College Career Program

Guest Speaker, Albert Bassett will visit the 20 West Learning Center at 12pm—July 6th

Mr. Bassett is the Deputy Chief of Training City of Norwalk Fire Department/ All middle and high school students are welcome to attend.

**CHECK OUT THESE GREAT SUMMER PROGRAMS (AND MORE!) AT THE SONO PUBLIC LIBRARY**  
[www.norwalklib.org/sono](http://www.norwalklib.org/sono)

### SONO BRANCH LIBRARY PROGRAM



### 2017 SUMMER READING PROGRAM

Children are invited to rediscover the lost art of letter writing while gaining a new friend. Pen Pals! Interested children will be assigned a pen pal from another library with whom they will correspond by sharing their hobbies and interests, posing questions, and discovering ways to make the world better. This weekly dialogue will not only help develop vital literacy skills, but will offer a meaningful connection with children from another community. Children can pop in any time to sign up and write letters. All materials will be provided.



**Mondays & Wednesdays | JUNE 30—July 21, 2017 | 4:00 PM—5:00 PM**

REDUCE THE SUMMER SLIDE IN MATH  
MAKE IT A MATHEMATICAL SUMMER

SoNo Branch Library is committed to numeracy, as well as literacy. This summer we offer Make it a Mathematical Summer, a math tutoring program for **TEENAGERS** (grades four-seven are also welcome). The math coach has an AS in mathematics, a BS in electrical engineering, and a MS in computer science. This program is free and open to the public. Registration is required. Please call 203.899.2790 ext. 15902 to register.

## Math Fun!

Have fun and learn something new this summer!



## My Beautiful Community

My community is great as great can be,  
We all are friends in a great community.  
In my community we like working together,  
Lending a hand and helping each other.  
Like the saying, "BIRDS OF A FEATHER  
FLOCK TOGETHER"  
We are strong and tougher than leather.  
This is how to describe a great community.  
My beautiful community and what it  
means to me.

—Neveah Clark  
Roodner Court Learning Center



## Learning Center Spelling Bee a Success!

The First Annual NHA Learning Centers Spelling Bee was a great success! Congratulations Shatiq and Khari—our first place winners—and to all of the participants. Your hard work really paid off!

Visit our Norwalk Housing Authority YouTube channel to see exciting video of the event!

### PRETTY LITTLE ME

Mentoring Program for Middle School Girls



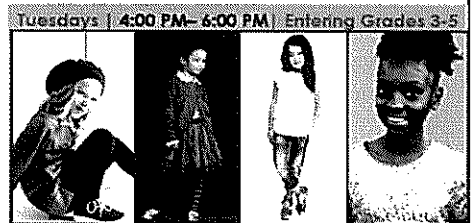
**Tuesdays | 6:00 PM—8:00 PM | Entering Grades 6-8**

This mentoring program, headed by YL Trapped Inc., will run from June 27 to August 15. The program will focus on beauty, self-esteem/bullying, healthy living and healthy eating, technology, camaraderie, and more.

### PRETTY LITTLE ME, TOO

Mentoring Program for Elementary School Girls

This program, also headed by YL Trapped Inc., will run from June 27 to August 15 and will focus on similar themes as the Pretty Little Me mentoring program for middle school girls, but for the elementary school level.



**Tuesdays | 4:00 PM—6:00 PM | Entering Grades 3-5**

### TECHNOLOGY PROGRAM FOR TEENS

#### Learn to Design for 3D Printing 4-Week Class

**FRIDAYS, JUNE 30—July 21, 2017 | 4:00 PM—5:00 PM | GRADES 7 & UP**



The real magic in 3D printing happens when you create your own designs. Over the course of four weeks, teens entering grades 7-12 will learn how to use Autodesk Fusion 360, a powerful design tool, to create four practical and functional products that can be 3D printed. Each session will build on the prior lesson to introduce design concepts and best practices to consider when designing for 3D printing. Therefore, children must be able to commit to all four sessions. The goal of the course is to develop a solid foundation of design concepts to be used in 3D printing. This program is free and open to the public. Registration is required.