

What Will Your Kids Do After School?

Register them today for the After School Program at the NHA Learning Centers!
Centers are for K-12 students and are located at five residential properties.

Daily enrichment runs from 3-6pm · A free, year-round program with a safe, structured environment that offers new and diverse experiences
Tutoring and homework assistance · Skill building · Personal attention · Positive peer groups

EDUCATIONAL SUPPORT

Homework completion · Literacy program
Math program · Science club

Bridge to College and Career track for high school students

ENRICHMENT SUPPORT

Swimming · Music Club · Photography
Videography · Studio Art · Drama
...and much more!

After School Program



Register now!

Questions? Call the Learning Center office at 203-852-1144 x102

LEARNING CENTER LOCATIONS

20 West Avenue | Washington Village | Roodner Court
Meadow Gardens | Colonial Village

Easing Back into the School Routine

Starting school can be a difficult time for children. Every child is hesitant to go somewhere new and see people she's never met before. Here are some helpful ways to prepare your child for her first day of school:

1. Let your child know what his or her schedule will be like. Tell him what time school begins and ends each day.
2. Ask your child about his or her feelings—both the excitement and the concerns—about starting school.
3. Visit the school with your child to see his or her new classroom and meet his new teacher before school officially starts.
4. Point out the positive aspects of starting school. It will be fun and he or she can make new friends.
5. Let your child know that all kids are nervous about the first day of school.
6. Leave a note in your child's lunchbox that will remind him or her you're thinking of him while he's or her at school.
7. Reassure your child that if any problems arise at school, you will be there to help resolve them.
8. Try to have your child meet a classmate before the first day of school so he or she will already have a friend when school starts.
9. Arrange for your child to walk to school or ride together on the bus with another kid in the neighborhood.
10. Find out about after-school activities that your child can join.

STAY COOL!

Visit a Cooling Center when temperatures soar

In the event of excessively hot temperatures, residents are encouraged to cool down in the comfort of the following designated air conditioned centers:

- 20 West Learning Center
- Leroy Downs Community Room
- Senior Court Community Center
- Irving Freese Community Center
- Ludlow Village Community Center



PLEASE USE PULL CHORDS IN AN EMERGENCY

ATTENTION SENIORS:

In the event of any emergency, please use the available pull chords to notify emergency services.



Race4Chase Student Triathlon

NHA student athletes will be celebrating the life of young Chase Kowalski as they compete in a mini-triathlon this August. They will complete endurance events in running, cycling, and swimming.

Cheer on the Race4Chase Kids at the Triathlon Program finale. It will take place at YMCA Camp Sloper, starting at 8am on Saturday, August 5th. Come watch the exciting competition as the athletes attempt to navigate the USAT sanctioned course including the famous "Chase's Challenge" hill at the 800m mark of the run.

YMCA Camp Sloper
1000 East Street, Southington



HEALTH & PROGRAMS PAGE 2

BLOOD PRESSURE
MOBILE MEDICAL UNIT
FREE FOOD PROGRAM

JOBS & EDUCATION PAGE 3

CT WORKS
OSHA CERTIFICATION
CAREER COACH
DRUG TESTING INFO

LEARNING CENTERS PAGE 4

CAREER SPEAKER
NICE FESTIVAL
CAMP INVENTION
RAISING READERS





Mobile Medical Unit

LOCATIONS:
MONDAY
 Open Door shelter
 4 Merritt St
 Norwalk, CT
 09:00am-06:00 pm
 Lunch 1-2pm

TUESDAY
 Gillespie Center
 Westport
 45 Jesup Rd
 Westport, CT
 09:00am-01:00pm

Roodner Court
 261 Ely Ave
 Norwalk, CT
 02:00-05:00pm

WEDNESDAY
 FCA Drop-in Center
 140 Water St
 Norwalk, CT
 09:00am-05:00pm
 Lunch 12-1pm

THURSDAY
 Colonial Village*
 164 W Cedar St
 Norwalk, CT
 09:00am-01:00pm
 *Location will change
 after 8/31/17*

FRIDAY
 Open Door Shelter
 4 Merritt St
 Norwalk, CT
 09:00am-05:00 pm
 Lunch 1-2pm

Come Visit the MMU!



What can the MMU do for you?

- Primary Care including lab work, prescriptions and women's health care, and children 3 years and up.
- Physical Examinations for work or school
- Vaccinations including the flu vaccine (starting after October 10th)
- Counseling and referral for behavioral health or addiction treatment
- Access to care for Husky and most insurance carriers
- Other payment options available if you are without insurance.
- Not feeling well? Walk onto the Mobile Medical Unit or give us a call for an appointment.

And more!
 Contact Us
 Tel: 203 810-9287
 203 899-1770 Ext 8050



Norwalk Community College Fall Non-Credit Course Enrollment

Norwalk Community College non-credit Fall 2017 course registration begins on **Tuesday, August 1st**, with **Open Advising from 10am-1pm**. Open Advising continues on **August 2nd, from 3pm-6pm**.

Explore the school with a campus tour! All tours begin at the NCC Admissions Office on the East Campus and no reservations are required.

For more information visit www.norwalk.edu.



You CAN Stop Smoking

Quitting smoking improves your health.

It lowers your chances of getting:

- Heart disease and stroke • Cancer •
- Lung disease, including COPD •

GET FREE SUPPORT TO QUIT SMOKING

1-800-QUIT-NOW (1-800-784-8669).

For help in Spanish, call 1-855-DEJELO-YA
 (1-855-335-3569).

Visit smokefree.gov for tools and support to quit smoking. SmokefreeTXT: Text QUIT to 47848 24/7 text messaging program. Or download the QuitGuide Mobile app to build your quitting skills.



FREE MEAL PROGRAM FOR NORWALK KIDS!

Norwalk's Summer Food Program is under way.

Any child 18 and under can participate. They do not need identification but do need to eat onsite. Visit their website for more information on meal locations and serving times:

www.norwalkps.org/cms/
 (News & Information—What's New—Free Meals).



“Cinderella” Casts a Spell at MTC

Some of our best and brightest student actors from Roodner Court Learning Center participated in a Musical Theater of Connecticut performance of “Cinderella” on Friday, July 14th, that was met with rave reviews.

After a week of fun and intensive rehearsals, they presented a brilliant production of the Broadway classic to an enthusiastic audience of family and friends.

Great job, actors!



JOBS · TRAINING · RESIDENT PROFILE

Career Coach

Thursday, August 24 · 1-3PM
NHA-CNI Field Office
149 Water Street Parking lot



Join us for an in-depth look at conducting an effective job search

The CT Works Career Coach bus will be onsite to assist you with your job searching plans. Hop on board the comfortable, air-conditioned bus and let a skilled instructor show you how an effective, targeted search can lead you to a new job. Learn the fastest and best ways to research opportunities and companies, or find out about a job before it is even advertised. Wherever you are in your job search process, the experts on the Career Coach bus are here to help!

Plan to join us for a productive afternoon to strategize:

- Which are the best methods for your search
- Practical advice to jump start your new career
- Where to start looking
- How to read between the lines in a job description
- How to use time most effectively

Space is limited! Call to reserve a spot: Nadine 203-838-8471 x681 or Lisa x188.



Want to Land a New Career? Get started today and become OSHA 10 certified!

All construction jobs REQUIRE workers to be OSHA 10 certified (10 hours of safety training).

Join us for both upcoming sessions:

OSHA 10 Part 1 of 2
Thursday, August 10
9am-2pm

OSHA 10 Part 2 of 2
Thursday, August 17
9am-2pm

ATTENDANCE IS REQUIRED AT BOTH SESSIONS

To apply, visit www.norwalkcni.org/services/employment. Fill out a survey and application, and send your resume to Lisa Roger at lrger@norwalkha.org. Or, mail or drop off at the NHA CNI Field office at 149 Water Street, 2nd Floor, Norwalk, CT 06854.

Call to reserve a spot: Nadine 203-838-8471 x681 or Lisa x188.



Seniors at Ludlow Commons enjoy a singalong with New Canaan's own Bojangles.

NHA Seeks Maintenance Laborer

On-site work includes cleaning common areas and grounds. \$22.16/hr. Some overtime required. Driver's license, high school diploma or equivalent required. Please send your resume to:

Norwalk Housing Authority
24½ Monroe Street · Norwalk, CT 06856
ATTN: Nicole Ruffin

Or email nruffi@norwalkha.org



DRUG TESTING IN THE WORKPLACE

Know Your Rights!

THURSDAY, SEPTEMBER 14—2:00-4:00

Can you collect unemployment if you're fired for drinking/using drugs on the job?

Can you be randomly drug tested at work?

Can a temporary or seasonal job drug test you?

What is "reasonable suspicion" testing?

What substances are drug tests looking for?

What jobs are likely to require testing?

What is random testing and who gets selected?

Find the answers to these and many more confusing questions at this informative session led by an attorney from the Connecticut Department of Labor.

Information is power. Workplace laws and rules often change, so stay informed!

Call and reserve your place at this event!
NHA-CNI Field Office

149 Water Street, 2nd Fl. Norwalk

Lisa: 203 838 8471 x678 or Nadine: 203 838 8471 x681

Transportation available for NHA residents with one week's notice.

BE
YOUR
OWN
BOSS!

Women's Business Development Council Entrepreneurs Presentation

Do You Dream of Starting Your Own Business?

One out of eleven women is an entrepreneur. If you have a great business idea that you want to take to the next level, join us for an informative evening and learn the steps to take for success.

The Women's Business Development Council has helped many women create diverse and thriving businesses in Connecticut. The experts will speak about **business building fundamentals, financial education, the keys to writing a business plan, effective sales and marketing**, and much more to help you launch your successful plan. The Council even offers a loan program of up to \$50,000 to help start or grow your business!

TUESDAY, AUGUST 1ST—5:30-7:30PM

NHA-CNI Field Office

149 Water Street, 2ND Floor

Lisa 203-838-8471 x678 · Nadine 203-838-8471 x681

Transportation available for NHA residents with one week's notice.

Housing Opportunities Unlimited

FULL TIME COMMUNITY OUTREACH WORKER

Full time position available, with benefits, with NHA conducting resident outreach to complete relocation tasks. Report to Relocation Coordinator.

Candidates must have excellent communication skills (fluency in Creole or Spanish a plus), the ability to work with residents and interpret resident concerns to staff and management, be a high school graduate or equivalent, have knowledge of the target South Norwalk community and its history. Norwalk Housing Authority residents are preferred.

Email resume and cover letter to yecton@housingopportunities.com

LEARNING CENTERS

Bridge to College & Career Program

Special guest speakers visit monthly to speak to students and share their stories and career paths from high school to their current professions.

DJ Carey, Editorial Director C&G Media Group

August 9 · 1PM



NHA Student Kimberly Castillo and Learning Center Art Department Coordinator Danielle Vinci pose for a photo at the Learning Center photo booth.

Learning Center Photo Booth at the Norwalk NICE Festival!

Students from the 20 West Learning Center set up shop at the second annual Norwalk NICE Festival, which celebrated the many cultures that make up our community. Complimentary photos were taken of visitors and posted on our Instagram and Facebook pages (@NorwalkHousingAuthority). Check them out!



Scholarship recipients Haley Chavarria, Benita Moono, and Aisha Jean-Pierre with STEM Coordinator Sheeree Powell.

NHA Students Awarded Scholarships to Attend Camp Invention!

Three amazing students are attending Camp Invention this summer! The camp is the only nationally recognized, non-profit summer enrichment program for kids in kindergarten through grade six and is inspired by the brightest thinkers around—the inductees from the National Inventors Hall of Fame. At Camp Invention, children are empowered and encouraged to question, brainstorm, collaborate, and invent!

A typical day is packed with fun, learning, and creativity and includes activities that inspire and educate in the areas of entrepreneurship, astrophysics, and mechanical and electrical engineering. What better way to spend the summer than exercising your imagination!



Learning Centers Boast Award-Winning Photographer

20 West Learning Center's Jorge DeCruz keen eye for photography earned him an award at the Westport Arts Center. Here, he poses with the winning photo. Congratulations on your accomplishment, Jorge!

Summer Adventures with NHA in Partnership with Horizons National

Our students are having galaxies of fun in the Horizons summer program! The summer theme is "The Solar System: Sun, Moon, Stars, and Planets." In Reading, we are practicing our Super Reading Powers by working on word blends, short and long vowels, and sight words. Students are creating sentences from the words cubes, and much more! We love our Kahoot and Bingo Time, too.

During math we are adding 1 and 2 digits while using different materials to get the sum. Some of our Math Warriors are doing multiplication and some division. WOW! In STEM, we made slime to match the night sky, built 2D and 3D Geometric shapes using marshmallows as our vertex, we planted seeds without soil, and built boats from tinfoil.

Students have swim lessons on Monday, Tuesday, and Wednesday, and everyone is having waves of fun. Horizons at NHA is a great summer success!



JOIN THE "RAISING READERS" PARENT CLUB

Don't miss out on this opportunity to learn new ways to help your pre-K to grade 3 child become a motivated, successful reader!

Receive a free children's book every week · Discover classic children's books that they will want to read and re-read!

Enjoy a fun parent group meeting while your child plays with others under the supervision of caring adults



Meet with us Tuesday evenings from 6-7PM
King Kennedy Literacy Center, 43 Chestnut Street
July 25 | August 1 | August 8 | August 15
Facilitator: Josiane Charlot

Dinner and childcare is provided!

To register, please return the form to any Learning Center or the Main Office. Space is limited to the first 20 families.

_____ **Yes! I want to join the Norwalk Housing "Raising Readers" Parent's Club. I will attend the first meeting on Tuesday, July 25th**

_____ **I will need transportation to King Kennedy, from** _____

Parent(s) name(s) _____

Email _____ **Phone** _____

Child's name _____ **Age** _____ **Grade** _____

Child's name _____ **Age** _____ **Grade** _____

Creole- and Spanish-speaking families are welcome! Translators will be provided.

Spanish translator needed? _____ Creole translator needed? _____

Questions? Please call 203-644-4720 or email Josiane Charlot at jcharlot@norwalkha.org

"Raising Readers" is co-sponsored by the NHA and the Norwalk Early Childhood Council with funds from the United Way of Coastal Fairfield County.