

## Norwalk Senior Services Home Delivery Options



Norwalk's Senior Services will be providing home deliveries to the elderly. Seniors can call: 203-434-3085, or 203-434-1876. This is a **one-time delivery for seniors**. Senior Services will deliver a bag of groceries to them which *may* include fresh fruit, veggies, breads, eggs, canned goods ... on the following Monday. If they need more the following week, they must call senior services again that week, and depending on their supply, they *may* be able to get another Monday home delivery.

Residents, especially self-quarantining / self-isolating households, (including non-seniors), or those that are having a hard time making ends meet, can also call 203-434-3085, or 203-434-1876, for a one-time delivery of groceries. Senior services will do their best to make deliveries as close to the day of call as possible. This particular service is in partnership with Person to

Person. P2P clients are entitled to shop for groceries at their pantry once every 28 days. If the resident is already a P2P client, they can call senior services for home delivery. (*Note: For existing P2P clients, this service is not a supplement to the groceries they already receive from P2P.*) For non-P2P clients, they may be screened to become P2P clients.

## 1 Payment Each Month, 3 Different Ways to Pay!

Each month a rent statement is mailed to you and Norwalk Housing Authority now has 3 different ways in which you can now pay!

1. Mail in your check or money order along with the rent statement in the self-enclosed envelope.
2. Walmart on 680 Connecticut Avenue is NOW accepting rent payments. Bring your rent statement, along with your rent payment and a \$3.00 convenience fee will be assessed.
3. Go to [www.norwalkha.org](http://www.norwalkha.org) and on the main page, click the button that reads, "Pay My Rent". Have your rent statement accessible and pay your rent online. A 3% fee is charged to use this service.

Should you have any questions regarding your rent statements, please contact Ron Richardson, Accounts Payable at 203-838-8471 ext. 144.



## Filing/Payment Dates For Income Taxes Extended to July 15<sup>th</sup>

Whether or not you owe any income tax, you could get *thousands of dollars in tax benefits*. To get these credits, you **MUST** file a tax return. Due to the COVID-19 outbreak, the filing and payment dates for both Federal and State 2019 personal income taxes have been extended, from April 15 to July 15<sup>th</sup>.



**IRS  
CHANGES  
TAX DAY  
TO  
JULY 15  
2020**

*In addition, VITA'S GONE VIRTUAL – through July 15<sup>th</sup>!* Most CT VITA (Volunteer Income Tax Assistance, free tax prep and filing for low-income residents by IRS-certified preparers) sites are closed to reduce the spread of the Coronavirus. VIRTU-AL VITA sites have been established throughout Connecticut in partnership with the IRS and CAHS (Connecticut Association for Human Services) by appointment. To schedule a virtual appointment:

<https://uwc.211ct.org/taxhelp/>

## The Norwalk Public Library (NPL) *Virtual Library* is always open!



DO YOU NEED A LIBRARY CARD? Using your Norwalk Public Library card, you can gain access to NPL's databases and online services. These include streaming movies, borrowing eBook, audio books and more. You can apply for an application online:

<http://www.norwalkpl.org/346/Get-A-Library-Card>

Check out NPL's extensive resources

<http://norwalkpl.org/35/Resources>

including *free* job resources and skills, English and Math help, language study, virtual museum tours, ESL and so much more!

### Unemployed? Looking to learn a new trade or advance your existing employment? CT Pathways and Health Career Academy Programs may be the answer!

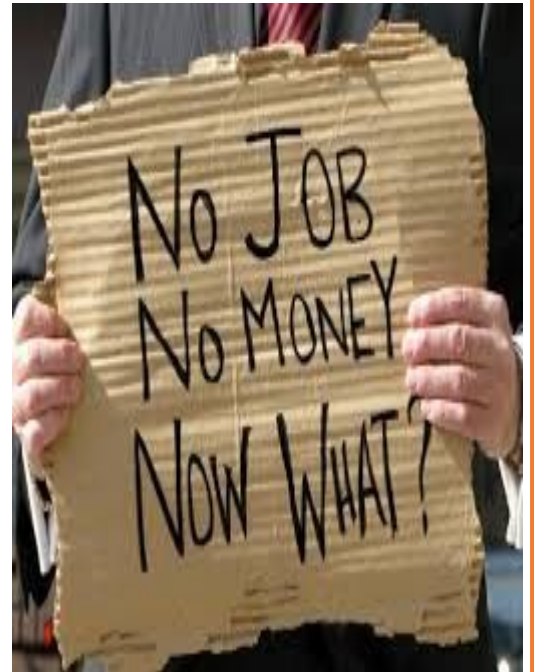
Two programs are available that may provide free training for certain credit and non-credit programs at Norwalk Community College, and free training for certificate programs in the health care field:

#### Norwalk Community College SNAP Employment and Training Program, and Health Career Academy (offered through The Workplace)

Online summer classes will be available.

#### Norwalk Community College SNAP Employment and Training Program

If you are receiving SNAP (food stamp) benefits and not receiving money from Temporary Family Assistance (TANF), and if you are a United States citizen, you may be eligible to receive a *scholarship to participate* in SNAP Employment & Training for certain credit and non-credit programs offered at **Norwalk Community College** (NCC). Some non-credit programs include computer repair, group exercise instructor, security officer, homemaker companion and many more. Some credit certificates include Culinary Arts, Early Childhood education, Medical Office Specialist and more. For more information, contact Jenine Carlson at NCC, [jcarlson@ncc.commnet.edu](mailto:jcarlson@ncc.commnet.edu), 203-857-7059.



#### Health Career Academy

Are you interested in a new career in the growing health care field? Learn about FREE training at Southwestern CT Health Career<sub>x</sub> Academy. Offered through the WorkPlace, some training opportunities include C.N.A., Pharmacy Tech, Patient Care Tech, Medical Billing and Coding, and more. Eligibility requirements are based on family income or those that have been unemployed. For more information, contact Adrene Corey, 203-930-1637, [acory@workplace.org](mailto:acory@workplace.org).

### FREE online homeownership classes, financial management classes and more through Bridgeport Neighborhood Trust



Due to the COVID-19 outbreak and to reduce the spread of the Coronavirus, previously scheduled NHA's home ownership workshops are postponed until further notice. Bridgeport Neighborhood Trust is offering free online home ownership workshops (3 hours each for two days – participants *must* attend both days), as well as classes in credit repair, financial crisis management and more. Check their website: [www.bntweb.org](http://www.bntweb.org). Pre-registration is required through the [www.bntweb.org](http://www.bntweb.org) website




**Respond your way to the 2020 Census.**

By April 1, 2020, every home will receive an invitation to participate in the 2020 Census. You will have three options for responding. All of them are easy!

 Online
  By Phone
  By Mail

The 2020 Census marks the first time you will be invited to respond online—even on your mobile device. The online form is available in many different languages. Visit [2020CENSUS.GOV](https://2020CENSUS.GOV) for more information about responding online.

[2020CENSUS.GOV](https://2020CENSUS.GOV)



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## **COVID-19 FOOD DELIVERY ASSISTANCE**

City of Norwalk, ABCD, Inc. & local food organizations & pantries team up to launch COVID-19 Food Delivery Program

If you live in Norwalk and do not have enough food because of COVID-19, Food Assistance Delivery can help.

**Monday - Friday, 8:30 am - 4:30 pm**  
**Call (475) 489-9119 to schedule a delivery**  
 (ENGLISH / EN ESPAÑOL)

Food pantries are run by a wide range of organizations. Pre-packaged grocery bags can include both nonperishable and fresh food products. Any individual or family isolated or quarantined due to COVID-19 and unable to leave their homes to access other programs is eligible.

**City of Norwalk, ABCD, Inc. & local food organizations & pantries team up to launch COVID-19 Food Delivery Program.**

### **4 new locations have been added for meals for children:**

Colonial Village/146 West Cedar Street  
 East Norwalk Library/51 Van Zant Street  
 West Rocks Middle School/81 West Rocks Road  
 Fox Run Elementary/228 Fallow Street

## **PARENT TIPS FOR DISTANCE LEARNING SUCCESS**

### **UNDERSTAND YOUR ROLE**

Play a support role. You're not expected to take the place of the school teachers.

### **MAKE SPACE FOR LEARNING**

Your children will achieve their best work in a quiet, comfortable, and dedicated space devoted to learning.

### **SET CLEAR EXPECTATIONS**

Build time into the day to assist with your child's learning.

### **ENCOURAGE READING**

When in doubt, have your children read. If you have time, read with them.

### **PLAN YOUR WORK AND WORK YOUR PLAN**

Good planning can relieve stress for both children and parents.

### **SHOW EMPATHY**

Allow yourself, your children and their teachers some latitude and grace during these unprecedented times.

### **USE SUPPLEMENTAL RESOURCES**

Utilize all available resources to enhance independent learning.

### **DON'T FORGET TO HAVE FUN**

Turn all this extra time at home into an opportunity for bonding.

### **TAKE REGULAR DIGITAL RECESSES**

Make sure your children take plenty of breaks from computers in order to get time away from screens.

### **ASK FOR HELP**

Remember that you're not alone in this journey. You can reach out to family, friends, neighbors and the NHA Learning Center for support.

**Need help with your schoolwork while you're at home?  
Contact the Learning Centers.  
We're here to help you every day!**

20 West Learning Center  
203.394.8231

[srose@norwalkha.org](mailto:srose@norwalkha.org)

[jmurra@norwalkha.org](mailto:jmurra@norwalkha.org)

Roodner Court Learning Center  
203.810.5604

[mwilso@norwalkha.org](mailto:mwilso@norwalkha.org)

[mmoran@norwalkha.org](mailto:mmoran@norwalkha.org)



Colonial Village Learning Center  
203.810.5605 or 203.644.6541

[Sasha.James@norwalkha.org](mailto:Sasha.James@norwalkha.org)

203.981.8142

[tconnor@norwalkha.org](mailto:tconnor@norwalkha.org)

King Kennedy Learning Center  
203.810.5608 or 203.898.5339

[sroy@norwalkha.org](mailto:sroy@norwalkha.org)

203.429.4387

203.286.9702

[ewilli@norwalkha.org](mailto:ewilli@norwalkha.org)

Meadow Gardens Learning Center  
203.391.3570 ~ [kellis@norwalkha.org](mailto:kellis@norwalkha.org)